



		Monday		Tuesday		Wednesday		Thursday		Friday		Saturday		Sunday	
		am	pm	am	pm	am	pm	am	pm	am	pm	am	pm	pm	pm
	Gold	06.00-07.30		06.00-07.30			19.15-20.45			06.00-07.30		07.45-09.15		18.30 - 19.15	19.30 - 20.45
		RGU		KINCORTH			GRAMMAR			HAZLEHEAD		HAZLEHEAD		LAND TRAINING	
		am	pm	am	pm	am	pm	am	pm	am	pm	am	pm	pm	pm
	Green		17.30-18.30			06.00-07.30			1600-17.30	06.30-07.30				18.30 - 19.15	19.30 - 20.45
			KINCORTH			HAZLEHEAD			HAZLEHEAD	GRAMMAR				LAND TRAINING	HAZLEHEAD
									yellow link session						
		am	pm	am	pm	am	pm	am	pm	am	pm	am	pm	am	pm
	Yellow						18.15-19.15			06.15-07.30		07.45-09.15			18.30-19.30
							GRAMMAR			HAZLEHEAD		HAZLEHEAD			HAZLEHEAD
							red link session								
		am	pm	am	pm	am	pm	am	pm	am	pm	am	pm	am	pm
Morven	Red						17.15-18.15					07.00-08.00			17.30-18.30
							GRAMMAR					KINCORTH			HAZLEHEAD
		am	pm	am	pm	am	pm	am	pm	am	pm	am	pm	am	pm
Louise	Aq5						16.15-17.15						16:30 - 17:30		
							GRAMMAR						HAZLEHEAD		
		am	pm	am	pm	am	pm	am	pm	am	pm	am	pm	am	pm
Louise	Aq4						16.15-17.15						15:30 - 16:30		
							GRAMMAR						HH		
HH	Hazlehead Pool			7.5 hours	gold squad coach - Tom										
				6.25 hours	green squad coach - Mark										
KC	Kincorth Pool			4.75 hours	yellow squad coach - Lauren										
GRAM	Grammar School Pool			3 hours	red squad coach - Morven										
					aqua 4/5 coach Louise										