

**COAST Junior Superstars
Sunday March 9th 2008
Northfield Swimming Pool**



Dear Secretary

On behalf of City of Aberdeen Swim Team (COAST) I would like to invite your club to the COAST Junior Superstars event.

Round 3

Date: Sunday 9th March 2008
Venue: Northfield Swimming Pool
25 Metres, 6 Lanes, Depth 1m – 2m

Licence Number: ND/LA2/597/MAR08
Accreditation will be applied for.

Session: Warm Up 1230 Start 1330 Estimated Finish 1630
**Presentation of overall series awards will take place at the end of the session.
Full details to follow.**

Please Note: Swimmers and Parents WILL NOT be given access to the building before 1215 therefore please do not arrive too early. Please advise parents to park appropriately and not to block any emergency areas.

Events:

In order to ensure that all swimmers get a chance to compete over a distance in which they are competent various options are available. Swimmers are allowed to enter a maximum of 3 events. Please do not enter young swimmers in events they are not yet competent in, in order to avoid any unnecessary disqualification as the aim of the event is fun and for some their first taste of competition.

Frontcrawl 25m, 50m, 100m, 200m and 400m
I.M. 100m and 200m

Age: Age as on 9th March 2008

Entry Fees: £3.00 per individual event
Cheques to be made payable to COAST
Payment should only be made after confirmation of acceptance.

Entries: All entries should be submitted electronically using Hy-Tek Meet Manager entry file. To obtain the entry files please e-mail normashand@tiscali.co.uk
Time cards are not required.
Completed Hy-Tek entry files should be e-mailed to normashand@tiscali.co.uk
**Closing date for entries is Friday 22nd February
Meeting to finalise programme – Monday 25th February**

Awards: **Junior Superstar Certificates** linked to times leading up to JC4 and JP promotion times will be awarded.
The certificates will be issued to all swimmers by their club coaches after the event.
The end of series awards will be for

The overall series winners over a combination of the 4 individual strokes (Fly, Back, Breast, Free) 1 male and 1 female in each age group

The overall Individual Medley series winners, 1 male and 1 female in each age group

Events

Round 3 Sunday 9th March 2008

101	Girls	Age 9-11	400m	Frontcrawl	consideration time 8 minutes
102	Boys	Age 9-11	400m	Frontcrawl	consideration time 8 minutes
103	Girls	Age 8-9	25m	Frontcrawl	
104	Boys	Age 8-9	25m	Frontcrawl	
105	Girls	Age 8-11	50m	Frontcrawl	
106	Boys	Age 8-11	50m	Frontcrawl	
107	Girls	Age 8-11	100m	Frontcrawl	
108	Boys	Age 8-11	100m	Frontcrawl	
109	Girls	Age 9-11	200m	Frontcrawl	
110	Boys	Age 9-11	200m	Frontcrawl	
111	Girls	Age 8-10	100m	Individual Medley	
112	Boys	Age 8-10	100m	Individual Medley	
113	Girls	Age 9-11	200m	Individual Medley	
114	Boys	Age 9-11	200m	Individual Medley	

Withdrawals: Prior to the event withdrawals should be e-mailed to Norma Shand at normashand@tiscali.co.uk to arrive no later than 6pm on Saturday 8th March. Withdrawals on the day should be submitted on the appropriate forms.

Meet Rules: As per FINA rules, the one-start rule will be applied throughout the competition
Over the top starts will be used.
All swimmers are required to report to the event marshals prior to their event
The organising committee reserves the right to restrict entries to ensure the event runs efficiently and complies with the regulations.

Cameras/Videos/Mobile Phones

Please note that anyone wishing to use photographic equipment, including video cameras must register with the meet convenor (application to be made on the appropriate SASA Health and Safety form). The use of mobile phones will not be permitted either on poolside or in the changing areas, this is in order to prevent any misuse of mobile phones with integrated digital camera/video equipment. Please ensure that all members of your club are aware of this requirement.

Officials: All clubs are requested to provide the number of officials as per the agreed list. Should any club have difficulty please highlight this to the official convenor. Name of officials should be submitted along with the entries.

General: There are restrictions in the number of people who are permitted at the venue and therefore spectator numbers may be limited. As this is an event for novices and younger swimmers it is tempting to invite lots of members of the family and friends. To ensure that all spectators gain entry the organising committee would be obliged you could restrict invitations. Thank you for your assistance.

**COAST Junior Superstars
Sunday March 9th 2008
Northfield Swimming Pool**



ClubName/Abbreviation _____

Match Secretary _____

Address: _____

Tel No: _____

E-Mail Address: _____

Swimmers are allowed to enter a maximum of 3 events

_____ Individual Female Entries @ £3.00 = £

_____ Individual Male Entries @ £3.00 = £

Total £

Closing date for entries – Friday 22d February 08

Cheques should be made payable to COAST – Payment should only be made after confirmation of acceptance, although consolidation sheets should be sent by the closing date to:

Norma Shand

14 Elrick Gardens, Newmachar, Aberdeen, AB21 0PY

normashand@tiscali.co.uk

DECLARATION – I confirm that all swimmers entered in this competition have paid their current SASA membership fee.

Signed: _____

Position in Club: _____

Date: _____

