

**S C O T T I S H** *swimming*  
everyone can swim!

**2008**  
**Scottish National Open**  
**Swimming Championships**

**Tollcross Park Leisure Centre**  
**Glasgow**

**26<sup>th</sup> – 29<sup>th</sup> June 2008**

## Event Regulations

Entry and Entries to all events is expressly subject to each and all of these regulations and may, where appropriate, also require compliance with the facility provider's regulations:

- Permission for any person to enter or to remain within the venue notwithstanding possession of any ticket by that person is at the absolute discretion of the stewards and officers of SASA Ltd and/or any police officer.
- No guarantee can be given by SASA Ltd that the event will take place at a particular time or any particular date and SASA Ltd reserves the right to reschedule the event without notice and without any liability for so doing.
- In the event of postponement, cancellation or abandonment of the event, refunds if any, will be made at the absolute discretion of SASA Ltd. SASA Ltd will have no legal liability to make a refund or to pay any form of consequential or indirect damage such as loss of enjoyment, travel and accommodation costs.
- The following are articles, which must not be brought within the venue (glasses, fireworks, smoke canisters, air horns, flares, glass bottles, weapons of any sort). Any person in possession of such items will be refused entry at the absolute discretion of any steward or officer of SASA Ltd and/or police officer.
- No object may be thrown by spectators within the venue.
- No foul or abusive language or other offensive words such as racial or sexual abuse may be used within venues.
- No alcohol may be consumed within events except in those areas specifically designated for such purposes and in accordance with any terms displayed in those areas.
- No person may for commercial purposes take photographs or use any video recording equipment inside events without the express written permission of SASA Ltd. The taking of photographs or use of video equipment for non-commercial purposes is permitted subject to compliance with SASA Ltd Guidelines with regard to video recording and zoom photography.
- **In order to control digital photographs, mobile phones may not be used on poolside, in the gallery or in the changing village.**
- No articles, periodicals, publications, flyers or goods of any nature may be offered either free or for sale by any persons save only SASA Ltd within events without the express written permission of SASA Ltd.
- Any person entering events must at all times comply with any and all instructions of any steward or officer of SASA Ltd and/or police officer. Failure to comply within a reasonable time with any such instruction will lead to the person being invited to leave.
- No tickets may be offered for resale within events. Any such tickets offered for sale may be confiscated by any steward or officer of SASA Ltd or any police officer.
- SASA Ltd reserves absolutely the right to eject from events any person failing to comply with each and all of the Event Regulations.

## General Information

### Eligibility To Compete

1. All competitors must be registered with their National Federation to be eligible to compete (FINA Rule GR 1.1).
2. To compete for a Scottish Club or Team at National Open Championships, competitors must be registered with the Scottish Amateur Swimming Association and must have paid their current registration fee.
3. Age Group events are defined as age on the last day of competition (29<sup>th</sup> June 2008).
4. Scottish swimmers changing clubs in 2008 and committed to the first club shall swim unattached for the remainder of the set period. A swimmer entering any Scottish Championships as 'unattached' cannot compete for any club in relay events.

### Drug Testing

Please note that drug testing may be in operation at any Scottish event. All swimmers not registered with the Scottish Amateur Swimming Association or the Amateur Swimming Association/Welsh Amateur Swimming Association will be required to sign an agreement to undergo tests as required in accordance with FINA Law. N.B. The Home Country or the ASA/WASA swimmers will have signed an agreement when submitting their registration fee.

***All Scottish Amateur Swimming Association Swimming Committee Members, Staff etc should be aware that their registration card will gain them free admission to all Scottish Swimming Championships to include a programme and results.***

## Meet Information

**Dates:** Thursday 26<sup>th</sup> June – Sunday 29<sup>th</sup> June 2008

**Venue:** Tollcross Park Leisure Centre, 350 Wellshot Road, Glasgow, G32 7QR

**Pool:** 10 lane x 50 metres, with warm-up and swim-down facilities  
(Full electronic timing)

**Meet Promoters:** SASA National Swimming Committee

<b>Sessions:</b>	<u>Day One</u>	Session 1	Warm Up: 07.00	Start: 08.45
		Session 2	Warm Up: 12.15	Start: 13.15
		Session 3	Warm Up: 16.30	Start: 17.30
	<u>Day Two</u>	Session 4	Warm Up: 07.00	Start: 08.45
		Session 5	Warm Up: 12.15	Start: 13.15
		Session 6	Warm Up: 16.30	Start: 17.30
	<u>Day Three</u>	Session 7	Warm Up: 07.00	Start: 08.45
		Session 8	Warm Up: 12.15	Start: 13.15
		Session 9	Warm Up: 16.30	Start: 17.30
	<u>Day Four</u>	Session 10	Warm Up: 07.00	Start: 08.45
		Session 11	Warm Up: 12.15	Start: 13.15
		Session 12	Warm Up: 15.30	Start: 16.30

**NB: 7 lanes will be available from 7.00am and 10 lanes from 7.30am, Thursday – Saturday,**

**10 lanes will be available from 7.00am on Sunday.**

**\*Please note** – Warm-up and start times may be adjusted once all entries have been received. Any changed session times will be notified with entry acceptances.

### **Age Groups Events:**

Age as of the last day of competition: Age as at **29<sup>th</sup> June 2008**

## Entry Times

This year, we are publishing both Qualifying and Consideration times. Any swimmer achieving a Qualifying Time will be guaranteed entry into an event. Competitors must enter times achieved in accredited competitions held in the 12 months prior to the event closing date (since 3<sup>rd</sup> June 2007) and either be 50 metre pool times or conversions to 50 metre pool times. Official Conversion Tables: Hy-tek standard conversion or ASA conversion table may be used.

The organisers reserve the right to restrict entries to ensure a good standard of competition.

## Entry Fees

Individual Events: £7.00                      Relays:                      £14.00

All cheques/postal orders should be made payable to 'Scottish Amateur Swimming Association Ltd'. **No entries will be accepted without the correct fee or with the Entry Files incorrectly completed.**

## Computer Entries

The competition will be computerised, cards will not be used.

Entries will be by computer Files, which are obtainable from the Meet Entry Secretary (see below). Requests for the Meet Entry File should be made **at least two weeks in advance** of the closing date for entries. Only official files are acceptable.

Closing date for receipt of entries is **1pm, Tuesday 3rd June 2008**. The entry files must be e-mailed to [jbruce2160@aol.com](mailto:jbruce2160@aol.com). The fees and other paperwork \* should be sent to:

John Bruce (Meet Entry Secretary)  
50 Station Road  
Roslin  
EH25 9LR  
Tel: 0131 440 1752

\* **Within a maximum of 3 days following the closing date**

## Accreditation

Within Tollcross Park Leisure Centre, coaches, team support staff and swimmers must wear their accreditation pass and have it visible at all times. Please see attached for further information.

## Withdrawals

### **Heats:**

Any withdrawals (inc reserves) or amendments prior to the first day of the Championships should be notified to the Entries/Withdrawals Secretary by email or withdrawal form. However, any withdrawals for sessions 1 & 2 must be notified by email to [jbruce2160@aol.com](mailto:jbruce2160@aol.com) no later than noon on Wednesday 25<sup>th</sup> June 2008. Withdrawals for subsequent sessions not previously notified must be lodged at the Records Desk no later than the end of the **afternoon** session on the day prior to the event. Swimmers failing to comply with the above (except in the case of a genuine illness or proven emergency), will be liable to a £10 fine for each inappropriate withdrawal.

### **Finals:**

Should you wish to withdraw from a Final, you must inform the Recorders IN WRITING ON THE APPROPRIATE FORM within 30 minutes of Finalists Lists having been published or announced. Swimmers who fail to appear for finals will be fined and may be subject to further disciplinary action. A maximum of two reserves will be nominated for finals.

Any competitor withdrawing from a final in such a manner as to prevent a reserve taking part (except in the case of a genuine illness or proven emergency) shall be suspended immediately from all further events at the Championship. Where a reserve is brought in at short notice, the reserve shall occupy the vacant lane - there will be no re-seeding.

**Please note any late withdrawals on medical grounds should be discussed with the Meet Director prior to submission to the Recorders.**

### **Team Entries:**

Clubs may enter two (2) Male & (2) Female teams per age group. In the Open events clubs may enter (1) senior team and one (1) junior team per event. Team Line forms will be issued in club envelopes. These should be completed in swimming order and handed to the Recorder with the swimmers' names and current registrations numbers 1 hour prior to the start of the appropriate session. No changes to swim order or swimmers shall be permitted except in the event of medical emergency after the start of the appropriate session.

A junior relay team swimming in the open event shall consist of 4 swimmers who will be aged under 17 years on 31<sup>st</sup> December 2008.

**Please submit estimated entry times for the purposes of seeding along with anticipated team names.**

### **Disability Sport:**

Swimmers with a disability who have been classified and are registered members of Scottish Swimming will be eligible to enter 50m breaststroke, 50m butterfly, 50m backstroke, 100m breaststroke and 100m butterfly events if they have achieved the Consideration Standard for their classification in that event. These standards will be considered as qualifying times for the event subject to a maximum of 5 swimmers qualifying in this way. Swimmers with a disability qualifying through these standards will be integrated into that event seeded according to absolute time. **Please refer to the Supplementary Disability Swimming Conditions for more information and entry forms.**

There will also be 6 invitation races available to swimmers with a disability, identified by Scottish Disability Sport. These races will be swum during each of the finals sessions.

### **Coaches Passes:**

Coaches/Chaperone passes can be purchased at a cost of £20.00 for the Meet which will allow, on presentation: poolside access, start and results sheets. All applicants must be CRB checked through either the ASA/SASA/WASA and applications must be accompanied with a recent electronic photograph (please note that previous applicants need not submit a photograph unless their appearance has changed dramatically, see application for further details). All swimmers participating in the Meet will be issued with a pass, which on presentation will allow them access to the 'Changing Village' and poolside access (swimmers are **not** required to submit photographs).

In addition you can order the following:

£ 16.50 - Coaches Meal ticket (per day)

Please complete the enclosed Coaches Pass Form and return with entry.

### **Awards:**

Medals/Trophies shall be presented as follows:

- a) Scottish Open Champion 1<sup>st</sup>, 2<sup>nd</sup> and 3<sup>rd</sup>
- b) Scottish National Champion 1<sup>st</sup> (provided the individual is not also the Open Champion)
- c) Scottish Junior Champion 1<sup>st</sup> (aged under 17 as at 31<sup>st</sup> December 2008)

**Please note – Scottish Junior Champions will only be awarded from the Open Events and competitors must be registered members of SASA**

Medals will be presented in the Girls 13/under and Boys 14/under Age Group events.

- a) Girls 13/under Champion 1<sup>st</sup>, 2<sup>nd</sup> and 3<sup>rd</sup>
- b) Boys 14/under Champion 1<sup>st</sup>, 2<sup>nd</sup> and 3<sup>rd</sup>

In addition, the Berger Paints Trophy will be awarded for the best performance (male or female) by a Scottish swimmer in the National Open Championship. This will be calculated using the current FINA Points Tables.

### **Best Team Cup:**

Points will be calculated as follows: 1<sup>st</sup> – 13 points: 2<sup>nd</sup> – 11 points: 3<sup>rd</sup> – 9 points: 4<sup>th</sup> – 10<sup>th</sup> place: 7 points down to 1 point. Relays will be awarded double points. Points will only be awarded from the Open Competition.

### **Presentations:**

Swimmers must report to the Presentation Marshal immediately upon completing their race and picking up their dry clothes from the holding area. Appropriate clothing must be worn for the presentations. It is the responsibility of the Coach/Team Manager to ensure that medallists or a deputy be available for presentation as per the presentation schedule, a copy of which will be included in your club envelope and posted around the pool.

**Failure of a swimmer or deputy to attend the appropriate presentation will result in the swimmer forfeiting his/her medal.**

### **Training Prior To Championships:**

It may be possible to arrange some training times directly with the pool on Wednesday, 25<sup>th</sup> June 2008; this would be subject to availability. Please contact Mr Garry Bruce, Facilities Manager, or the Duty Manager, Tollcross Park Leisure Centre, Glasgow, Tel: 0141 763 2345.

## Programme Of Events:

### Open:

50m, 100m, 200m, 400m Freestyle	Heats and Finals
800m, 1500m Freestyle	Heat Declared Winner
50m, 100m, 200m Backstroke	Heats and Finals
50m, 100m, 200m Breaststroke	Heats and Finals
50m, 100m, 200m Butterfly	Heats and Finals
200m, 400m Individual Medley	Heats and Finals

### Age Groups:

Girls 13/under  
Boys 14/under

### Individual Events:

100m, 200m Freestyle	Heat Declared Winner
100m, 200m Backstroke	Heat Declared Winner
100m, 200m Breaststroke	Heat Declared Winner
100m, 200m Butterfly	Heat Declared Winner
200m Individual Medley	Heat Declared Winner

### Relay Events Age Groups:

4 x 50m Freestyle Team	Heat Declared Winner
4 x 50m Medley Team	Heat Declared Winner

Relay age groups are as follows:

11/12 years  
13/14 years  
15/16 years

### Relay Events Open:

4 x 100 Freestyle Team	Heat Declared Winner
4 x 100 Medley Team	Heat Declared Winner
4 x 200 Freestyle Team	Heat Declared Winner

Please note: A junior relay team swimming in the open event shall consist of 4 swimmers who will be aged under 17 years on 31<sup>st</sup> December 2008.

### Disability Sport:

Please see attached information

### Please Note:

- For the Heats "OVER THE TOP STARTS" will be used where appropriate.
- All Heats, Finals and Fastest Heats in Finals sessions will also be swum as 10 lane events.
- In the event of television coverage being secured, finals will be reduced to 8 lanes.

**Application for Coach/Champerone Pass**  
**2008 Scottish National Open Championships 26<sup>th</sup> – 29<sup>th</sup> June 2008**

Please ensure that the form is completed in full and returned electronically\*. Please note that we reserve the right to refuse applications. **Cost of pass for Meet is £20.00**

Please note that individuals already issued with photographic Coach's Pass for the Scottish National Championships, need only complete sections **A**, **C** and **D** (there is No requirement to submit a new photograph). Section **B** only requires completion if any of the details have changed since the pass was issued; new applicants should complete all sections and supply photograph as requested, lost pass queries should be forwarded to [j.hughes@scottishswimming.com](mailto:j.hughes@scottishswimming.com) (stickers will be issued in the Coach Envelopes to append to pass and validate for each competition).

Digital (Jpeg) photograph to be emailed separately.

<b>A.</b> Coach/Chaperone Pass Number	<input style="width: 100%;" type="text"/>
<b>B.</b> Club	<input style="width: 100%;" type="text"/>
Surname:	<input style="width: 100%;" type="text"/>
Forename(s):	<input style="width: 100%;" type="text"/>
Home Address:	<input style="width: 100%;" type="text"/>
Post Code:	<input style="width: 50%;" type="text"/> Tel No: <input style="width: 50%;" type="text"/>
Email:	<input style="width: 100%;" type="text"/>
<b>CRB Checks</b> – All applicants <b>must</b> be CRB Checked through either the ASA / SASA / WASA	
ASA <input type="checkbox"/> SASA <input type="checkbox"/> WASA <input type="checkbox"/> ( <i>✓ as appropriate the association where check was processed</i> )	
<i>Applicants are advised that the CRB process can take up to 6 weeks to complete; forms and more information can be obtained from Amanda Rigby-Greenhaugh, <a href="mailto:a.rigby-greenhaugh@scottishswimming.com">a.rigby-greenhaugh@scottishswimming.com</a></i>	
<i>and applications for CRB check must be submitted via the Club, Child Protection Officer .</i>	
Disclosure No.	<input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/>
Date of Disclosure	<input type="text"/> <input type="text"/> / <input type="text"/> <input type="text"/> / <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/>
<b>C. Coaches Meal Ticket Requirements</b>	
Coaches Meal Ticket (@ <b>£16.50</b> per Coach per day) <span style="float: right;"><i>✓ as appropriate</i></span>	
Thursday 26 <sup>th</sup> June	<input type="checkbox"/>
Friday 27 <sup>th</sup> June	<input type="checkbox"/>
Saturday 28 <sup>th</sup> Jun	<input type="checkbox"/>
Sunday 29 <sup>th</sup> June	<input type="checkbox"/>
<b>D.</b> Cost of Pass: <b>£20.00</b>	Cost of Meal Tickets: <input type="text"/> days @ <b>£16.50</b> = <input type="text"/>
Total Due:	<input style="width: 100%;" type="text"/>

**Form to be returned by 1pm, Tuesday, 3<sup>rd</sup> June 2008 to:**  
 John Bruce, Meet Entry Secretary, 50 Station Road, Roslin, Midlothian, EH25 9LR  
 Email: [jbruce2160@aol.com](mailto:jbruce2160@aol.com) Tel: 0131 440 1752

\* If you have no access to a digital photograph, please return your completed form with the passport photo attached to the Meet Entry Secretary at the address detailed above.

**Summary Sheet Application****2008 Scottish National Open Championships 26<sup>th</sup> – 29<sup>th</sup> June 2008**

This form must be completed and returned with payment.

Club Name:	
Club Contact's Name:	
Address:	
Postcode:	
Telephone No:	
Email:	

Total Male Entries	(No.)		@ £7.00 =	£
Total Female Entries	(No.)		@ £7.00 =	£
Total Relay Entries	(No.)		@ £14.00 =	£
Total Coach Entries	(No.)		@ £20.00 =	£
Total Meal Tickets	(No.)		@ £16.50 =	£
<b>Total Value of Cheque Enclosed</b>				<b>£</b>

Make cheque payable to 'Scottish Amateur Swimming Association Ltd'

Form to be returned to:

John Bruce  
 Meet Entry Secretary  
 50 Station Road  
 Roslin  
 Midlothian  
 EH25 9LR  
 Tel: 0131 440 1752  
[Jbruce2160@aol.com](mailto:Jbruce2160@aol.com)

\* Email address is important for urgent distribution of information and updates pertaining to the Meet.

## Entry File Requests

### 2008 Scottish National Open Championships 26<sup>th</sup> – 29<sup>th</sup> June 2008

Event files will be produced using the Hy-Tek Meet Management System and will be sent along with instructions (if requested) by email. Hy-Tek's 'Team Manager' or 'Team Manager Lite' is needed in order to complete entries.

'Team Manager Lite' can be downloaded free of charge by going on line to: [www.hy-tek ltd.com](http://www.hy-tek ltd.com)

**Please make applications by email providing the following details:**

Club Name:	
Club Contact's Name:	
Address:	
Postcode:	
Telephone No:	
Email:	

Requests to:

John Bruce  
Meet Entry Secretary  
50 Station Road  
Roslin  
Midlothian  
EH25 9LR  
Tel: 0131 440 1752  
[Jbruce2160@aol.com](mailto:Jbruce2160@aol.com)

**Requests for the Meet Entry File should be made at least 2 weeks in advance of the closing date for entries.**

# SCOTTISH NATIONAL OPEN CHAMPIONSHIPS 2008

26<sup>th</sup> – 29<sup>th</sup> JUNE 2008

## TOLLCROSS PARK LEISURE CENTRE, GLASGOW

### Supplementary Disability Swimming Conditions and Entry Standards

These supplementary conditions are to be adhered to in conjunction with the general conditions for the National Championships.

The following events will be integrated into the heats and limited to a maximum of 5 qualifiers according to consideration times and eligibility criteria:

Event	Male	Female
50m Backstroke	S1 – S5	S1 – S5
50m Breaststroke	SB1 – SB3	SB1 – SB3
100m Breaststroke	SB4 – SB9, SB11 – SB14	SB4 – SB9, SB11 – SB14
50m Butterfly	S1 – S7	S1 – S7
100m Butterfly	S8 – S14	S8 – S14

The following events will be by **invitation** only:

Event	Male	Female
MD 50m Freestyle Final	S1 – S14	S1 – S14
MD 100m Freestyle Final	S1 – S14	S1 – S14
MD 100m Backstroke Final	S6 – S14	S6 – S14

#### **Eligibility**

- All Competitors must be registered as members of a swimming club affiliated to the Scottish Amateur Swimming Association at the time of entry.

#### **Functional (S1-S10, SB1-SB9, SM1-SM10)**

- All competitors must have an authorised British Swimming or IPC Swimming classification, which is held on the British Swimming or IPC Swimming classification database at the time of entry.

#### **Visual (S11-S13, SB11-SB13, SM11-SM13)**

- All competitors must have an authorised British Blind Sport or IBSA Swimming classification, which is held on the British Swimming or IPC Swimming classification database at the time of entry.

#### **Learning (S14, SB14, SM14)**

- All competitors must have an authorised INAS-FID or UKSAPLD classification which is held on the database at the time of entry.
- All S1-S13, SB1-SB9 and SB11-SB13 competitors must hold a current Functional Ability Card (FAC) at the time of entry.
- Functional Ability Cards (FAC's) must be submitted to the Recording Desk prior to the start of the session with the athletes' first event. No further submission is required following this.
- Consideration times must have been achieved in the 12 months immediately preceding the closing date and may be achieved in either long or short course events.
- All swimmers qualifying will be integrated into the event seeded by absolute time to a maximum of 5 swimmers per event.
- Placings shall be determined on a declared winner basis using British Disability Points.
- The competition shall take place under the relevant IPC Swimming, Swimming Rules.

## **Medals**

- Medals shall be awarded on a multi-disability basis to 1st, 2nd and 3rd place in each event. Medals shall be awarded to the top three British Disability Point scorers in each event. If there are less than four competitors in any one event then a minus one ruling shall apply. If there is only one competitor in an event then a medal shall be awarded if he/she breaks the British record, for their classification. Medals shall be awarded during the relevant session that the event has taken place. All swimmers shall be required to present themselves to the awards steward when notified.

## **Accreditation**

- All coaches and personal care attendants must have accreditation. Personal care attendants will only be permitted for swimmers in the following classes: S1, S2, S3, S4 and S11. Such attendants will be excluded from any restrictions and will be given the same accreditation as the swimmer for whom they have personal care responsibilities.
- A swimmer in any of the classes as specified above may have both a coach and a personal care attendant present.

## The University Of Strathclyde

Located approximately 4 miles from Tollcross Leisure Centre the University offers **accommodation** at their attractively landscaped City Centre Campus.

**Bed and breakfast** is available in standard single bedrooms and en- suite single bedrooms.

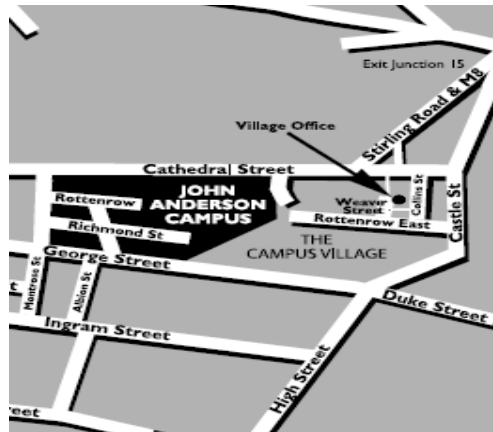
**Self catering** is available in 4 or 6 person flats each with a lounge, dining and kitchen area, 3 night minimum stay.

### **Rates, per person per night**

Standard Single Room - Bed and Breakfast - £27.00 Vat incl

En suite Single Room - Bed and Breakfast - £33.00 Vat incl

Standard Single Room – Self Catering - £14.00 Vat incl



Please contact Mary Young by email [mary.young@strath.ac.uk](mailto:mary.young@strath.ac.uk) or phone 0141 548 3604 for further information. We look forward to hearing from you.

# SCOTTISH NATIONAL OPEN CHAMPIONSHIPS 2008

26<sup>th</sup> – 29<sup>th</sup> JUNE 2008

## TOLLCROSS PARK LEISURE CENTRE, GLASGOW

### Supplementary Disability Swimming Conditions and Entry Standards

#### Consideration Times

Event	Male	Female
<b>50m Freestyle</b>	Invitation Final Only	Invitation Final Only
<b>100m Freestyle</b>	Invitation Final Only	Invitation Final Only
<b>100m Backstroke</b>	Invitation Final Only	Invitation Final Only
<b>50m Backstroke</b>		
S1	02:45.17	02:57.89
S2	01:52.05	02:27.31
S3	01:27.22	01:48.32
S4	01:18.18	01:38.14
S5	01:05.94	01:17.57
<b>50m Breaststroke</b>		
SB1	02:37.38	03:47.58
SB2	01:37.84	02:34.62
SB3	01:24.58	01:46.30
<b>100m Breaststroke</b>		
SB4	02:46.48	03:13.25
SB5	02:35.95	03:06.59
SB6	02:24.75	02:47.60
SB7	02:16.59	02:40.30
SB8	02:01.38	02:20.06
SB9	01:55.60	02:16.90
SB11	02:05.82	02:40.00
SB12	01:58.26	02:16.43
SB13	01:52.70	02:08.85
SB14	01:30.09	01:50.71
<b>50m Butterfly</b>		
S1	00:00.00	00:00.00
S2	02:56.82	00:00.00
S3	01:57.90	02:16.58
S4	01:18.74	02:21.60
S5	01:00.96	01:19.33
S6	00:53.07	01:06.08
S7	00:53.50	01:03.17
<b>100m Butterfly</b>		
S8	01:43.68	02:02.80
S9	01:39.42	02:00.42
S10	01:35.31	01:57.39
S11	01:51.58	02:39.20
S12	01:38.61	01:54.40
S13	01:40.53	01:50.27
S14	01:22.00	01:34.56

N.B. These standards are consideration times from which a maximum of five of the highest ranked Scottish swimmers (by British Disability Points) from each event will qualify.

# SCOTTISH NATIONAL OPEN CHAMPIONSHIPS 2008

26<sup>th</sup> – 29<sup>th</sup> JUNE 2008

## TOLLCROSS PARK LEISURE CENTRE, GLASGOW

Disability Specific Entry Form

Name of Club:.....		
Family Name:.....Given Name [In Full]:.....		
DoB:    /    /		Male/Female
Address:..... ..... .....		
Postcode:.....	Tel:.....	Email:.....
Classification:	S (    )	SB (    )    SM (    )
SASA Member Number:.....		

**Closing Date for Entries: 3<sup>rd</sup> June 2008**

Entry £7.00 per individual entry Please make cheques payable to " Scottish Amateur Swimming	Title of Event, Date and Venue where consideration time was achieved	Entry Time Long/Short Course Times May Be Used
50m Backstroke S1-S5		
50m Breaststroke SB1-SB3		
100m Breaststroke SB4-9, SB11-14		
50m Fly S1-S7		
100m Fly S8-S14		

Completed entries to be returned to Paul Wilson, Disability Swimming Development Officer, Scottish Swimming, National Swimming Academy, University of Stirling, Stirling, FK9 4LA

Signature of Competitor:.....Date:    /    /

I certify that the above information is correct.....(club secretary or coach)

Submitted times must be accurate. Failure to submit accurate times could lead to suspension from all events. Club secretaries/coaches must ensure that all times submitted are accurate prior to signing the entry form.

## Scottish National Championships 2008 - Schedule of Events

DAY 1 Session 1		DAY 2 Session 4		DAY 3 Session 7		DAY 4 Session 10	
Event	Warm up 07:00 -Start 08:45	Event	Warm up 07:00 -Start 08:45	Event	Warm up 07:00 -Start 08:45	Event	Warm up 07:00 -Start 08:45
101	Womens 100 Butterfly	201	Mens 200 I.M.	301	Womens 200 I.M.	401	Womens 100 Freestyle
102	Mens 100 Freestyle	202	Womens 100 Breaststroke	302	Mens 100 Breaststroke	402	Mens 100 Butterfly
103	Womens 400 I.M.	203	Mens 50 Breaststroke	303	Womens 50 Breaststroke	403	Womens 200 Breaststroke
104	Mens 200 Breaststroke	204	Womens 200 Backstroke	304	Mens 200 Backstroke	404	Mens 400 I.M.
105	Womens 50 Backstroke	205	Mens 400 Freestyle	305	Womens 400 Freestyle	405	Womens 1500 Freestyle (HDW)
106	Mens 1500 Freestyle (HDW)	206	Womens 800 Freestyle (HDW)	306	Mens 800 Freestyle (HDW)	406	Mens 50 Backstroke
107	Womens 200 Freestyle	207	Mens 100 Backstroke	307	Womens 100 Backstroke	407	Womens 50 Butterfly
108	Mens 50 Butterfly	208	Womens 50 Freestyle	308	Mens 50 Freestyle	408	Mens 200 Freestyle
		209	Mens 200 Butterfly	309	Womens 200 Butterfly		
Session 2		Session 5		Session 8		Session 11	
Event	Warm up 12:15 -Start 13:15	Event	Warm up 12:15 -Start 13:15	Event	Warm up 12:15 -Start 13:15	Event	Warm up 12:15 -Start 13:15
109	Girls 13/under 100 Butterfly (HDW)	210	Girls 13/under 100 Freestyle (HDW)	310	Girls 13/under 100 Backstroke (HDW)	<b>409/11</b>	Girls 11/12, 13/14, 15/16, Medley Relay
110	Boys 14/under 100 Backstroke (HDW)	211	Boys 14/under 100 Butterfly (HDW)	311	Boys 14/under 100 Freestyle (HDW)	<b>412/14</b>	Boys 11/12, 13/14, 15/16, Medley Relay
111	Girls 13/under 200 Freestyle (HDW)	212	Girls 13/under 200 Backstroke (HDW)	312	Girls 13/under 200 I.M. (HDW)	<b>415/17</b>	Girls 11/12, 13/14, 15/16, Free Relay
112	Boys 14/under 200 Freestyle (HDW)	213	Boys 14/under 200 Backstroke (HDW)	313	Boys 14/under 200 I.M. (HDW)	<b>418/20</b>	Boys 11/12, 13/14, 15/16, Free Relay
113	Girls 13/under 200 Breaststroke (HDW)	214	Girls 13/under 200 Butterfly (HDW)	314	Girls 13/under 100 Breaststroke (HDW)		
114	Boys 14/under 100 Breaststroke (HDW)	215	Boys 14/under 200 Breaststroke (HDW)	315	Boys 14/under 200 Butterfly (HDW)		
Session 3		Session 6		Session 9		Session 12	
Event	Warm up 16:30 -Start 17:30	Event	Warm up 16:30 -Start 17:30	Event	Warm up 16:30 -Start 17:30	Event	Warm up 15:30 -Start 16:30
101	Womens 100 Butterfly - A - Final	201	Mens 200 I.M. - A - Final	301	Womens 200 I.M. - A - Final	401	Womens 100 Freestyle - A - Final
101	Womens 100 Butterfly - B - Final	201	Mens 200 I.M. - B - Final	301	Womens 200 I.M. - B - Final	401	Womens 100 Freestyle - B - Final
102	Mens 100 Freestyle - A - Final	202	Womens 100 Breaststroke - A - Final	302	Mens 100 Breaststroke - A - Final	<b>421</b>	Womens MD 100 Freestyle Invitational
102	Mens 100 Freestyle - B - Final	202	Womens 100 Breaststroke - B - Final	302	Mens 100 Breaststroke - B - Final	402	Mens 100 Butterfly - A - Final
<b>115</b>	Mens MD 100 Free Invitational	203	Mens 50 Breaststroke - A - Final	303	Womens 50 Breaststroke - A - Final	402	Mens 100 Butterfly - B - Final
103	Womens 400 I.M. - A - Final	203	Mens 50 Breaststroke - B - Final	303	Womens 50 Breaststroke - B - Final	403	Womens 200 Breaststroke - A - Final
103	Womens 400 I.M. - B - Final	204	Womens 200 Backstroke - A - Final	304	Mens 200 Backstroke - A - Final	403	Womens 200 Breaststroke - B - Final
104	Mens 200 Breaststroke - A - Final	204	Womens 200 Backstroke - B - Final	304	Mens 200 Backstroke - B - Final	404	Mens 400 I.M. - A - Final
104	Mens 200 Breaststroke - B - Final	205	Mens 400 Freestyle - A - Final	305	Womens 400 Freestyle - A - Final	404	Mens 400 I.M. - B - Final
105	Womens 50 Backstroke - A - Final	205	Mens 400 Freestyle - B - Final	305	Womens 400 Freestyle - B - Final	405	Womens 1500 Freestyle - Fastest Heat
105	Womens 50 Backstroke - B - Final	206	Womens 800 Freestyle - Fastest Heat	306	Mens 800 Freestyle - Fastest Heat	406	Mens 50 Backstroke - A - Final
106	Mens 1500 Freestyle - Fastest Heat	207	Mens 100 Backstroke - A - Final	307	Womens 100 Backstroke - A - Final	406	Mens 50 Backstroke - B - Final
107	Womens 200 Freestyle - A - Final	207	Mens 100 Backstroke - B - Final	307	Womens 100 Backstroke - B - Final	407	Womens 50 Butterfly - A - Final
107	Womens 200 Freestyle - B - Final	<b>216</b>	Mens MD 100 Backstroke Invitational	<b>316</b>	Womens MD 100 Backstroke Invitational	407	Womens 50 Butterfly - B - Final
108	Mens 50 Butterfly - A - Final	208	Womens 50 Freestyle - A - Final	308	Mens 50 Freestyle - A - Final	408	Mens 200 Freestyle - A - Final
108	Mens 50 Butterfly - B - Final	208	Womens 50 Freestyle - B - Final	308	Mens 50 Freestyle - B - Final	408	Mens 200 Freestyle - B - Final
<b>116</b>	Mens 4 x 200 Freestyle Relay - HDW	217	Womens MD 50 Freestyle Invitational	317	Mens MD 50 Freestyle Invitational	<b>422</b>	Womens 4 x 100 Freestyle Relay - HDW
		209	Mens 200 Butterfly - A - Final	309	Womens 200 Butterfly - A - Final	<b>423</b>	Mens 4 x 100 Freestyle Relay - HDW
		209	Mens 200 Butterfly - B - Final	309	Womens 200 Butterfly - B - Final		
		<b>218</b>	Womens 4 x 200 Freestyle Relay - HDW	318	Mens 4 x 100 Medley Relay - HDW		
				<b>319</b>	Womens 4 x 100 Medley Relay - HDW		

## SCOTTISH NATIONAL OPEN SWIMMING CHAMPIONSHIPS 2008

### Entry Times

FEMALE				MALE		
13/under	OPEN			OPEN		14/under
<i>Consideration</i>	<i>Qualifying</i>	<i>Consideration</i>	<i>Event</i>	<i>Qualifying</i>	<i>Consideration</i>	<i>Consideration</i>
	0:28.85	0:30.25	50m Freestyle	0:25.45	0:26.97	
1:09.67	1:01.41	1:04.34	100m Freestyle	0:54.84	0:57.79	1:05.38
2:31.06	2:11.73	2:18.38	200m Freestyle	1:59.95	2:06.98	2:21.60
	4:41.20	4:48.64	400m Freestyle	4:17.79	4:29.05	
	9:30.18	9:40.19	800m Freestyle	9:01.39	9:23.42	
	17:49.08	18:43.81	1500m Freestyle	16:55.11	17:23.04	
	0:34.00	0:36.96	50m Backstroke	0:30.02	0:33.45	
1:20.14	1:10.62	1:14.25	100m Backstroke	1:03.24	1:08.03	1:17.50
2:51.85	2:31.95	2:37.30	200m Backstroke	2:17.97	2:27.61	2:46.53
	0:37.74	0:41.10	50m Breaststroke	0:32.92	0:36.82	
1:34.38	1:19.31	1:25.66	100m Breaststroke	1:10.47	1:18.61	1:29.35
3:19.13	2:50.38	3:04.85	200m Breaststroke	2:36.07	2:45.25	3:21.92
	0:31.49	0:34.55	50m Butterfly	0:27.71	0:30.78	
1:25.02	1:09.28	1:14.58	100m Butterfly	1:00.33	1:05.49	1:18.05
3:17.94	2:35.69	2:43.74	200m Butterfly	2:13.22	2:27.68	2:48.19
2:51.76	2:30.97	2:36.75	200m I.M.	2:16.76	2:22.70	2:43.88
	5:25.94	5:48.31	400m I.M.	4:53.07	5:09.77	

These entry times are long course (50m). Converted times to 50m Pools can be entered using Official Conversion Tables.

Times must have been achieved in accredited events in the 12 months prior to the event closing date.

Ages in age group events are those on the last day of competition (29th June 2008)